

17 things you can do to be involved in the lives of elders at your facility

1. Share your special talent
2. Share your coffee break
3. Share your family, bring them in to visit
4. Help put up holiday decorations
5. Take a resident outside with you for a break on a nice day
6. Bring in flowers or produce from your garden
7. Read a book or magazine together
8. Share stories
9. Share photos
10. Listen
11. Share and make a favorite recipe
12. Share “the one that got away” tales
13. Have a secret “hello” sign you can show while passing
14. Let them share their special talent with you
15. Help write letters or emails
16. Play cards
17. Laugh together